

## **LifeRing Local Health and Safety Guidelines**

LifeRing Secular Recovery makes its reasonable best efforts to remain in compliance with all relevant laws, orders, regulations, and guidance related health and safety issues.

As always, the goal is to protect the health and safety of our members.

Individual meetings follow all applicable governmental and individual facility requirements in the area/facility where they meet. (Meeting attendees may live in different cities or counties than where the meeting is held so different requirements may exist in the locale where the meeting is held.)

The local government and/or individual facility requirements may include but are not limited to quarantine periods, wearing a face mask, creating more space between meeting participants, limits on number of attendees, evacuation, weather related emergencies, or other protective measures.

Remember that local mandates and/or facility rules may be more restrictive than Federal or State mandates and must be followed.

Based on the severity of health and/or safety concerns, it may be necessary and/or advisable to either cancel the meeting for that day or consider suspending it for a longer period.

Steps to determine local health and safety measures for individual meetings:

- Carefully read and follow the most local laws and requirements for the location where the meeting is held.
- Carefully review and follow any facility rules and regulations where the meeting is held.

## Additional Considerations:

Individual meetings have the right to set guidelines on health/safety issues, as long as they don't conflict with local government or facility policies.

Before making any meeting health and safety policies it may be helpful to:

- Determine a meeting's comfort level with regard to health and safety issues.
- You may want to review information from health and safety organizations.

## Here are a few links:

- CDC (Center for Disease Control) https://www.cdc.gov/
- WHO (World Health Organization)
  <a href="https://www.who.int/emergencies/disease-outbreak-news">https://www.who.int/emergencies/disease-outbreak-news</a> guidelines for minimizing the spread of disease.

## Also:

- FEMA Pandemics | Ready.gov
- OSHA General Safety and Health References Other Internet Sites
- You may want to consider local weather reports for storm warnings, road hazards, flooding, high wind warnings, power outages etc
- Community Alert Services (Many communities have early warning notification by app, email or phone that you can sign up for.)
- The health and safety of all members in LifeRing Secular Recovery will always remain a priority at every level in the organization.